

“Manage Your Health to Fully Enjoy Your Wealth”

You have an investment plan. Do you have a plan for living younger longer?

Join Seventy 2 Capital and

THE CULINARY X CURE
by Kristen Coffield

Because your Health is Your Most Valuable Asset!!

- * Learn how to create compounded health benefits starting with what is on the end of your fork
 - * Understand why exercise can make you younger at a cellular level
 - * Harness the power of sleep for longevity and invest in your micro-climate

Wednesday, September 12, 2018
6:00pm - 8:00pm

Kristen Coffield is a passionate advocate for food as medicine, life navigator and culinary wellness coach. She regularly appears on Good Morning Washington, ABC7/News Channel 8, and in various publications where she inspires others to take charge of their health.

Capacity is limited

Kindly RSVP by September 5, 2018

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Healthy food and drinks provided by The Culinary Cure